



FC-TSP is a **FREE** training program that will provide:

* Psychoeducation

Learn up to date information about suicide and selfinjurious behavior, emotion dysregulation and trauma

* Skill building

Learn coping skills to help you manage your own distress about your child's difficulty as well as family skills to repair/improve your relationship

* Support

Connect with other family and build your own support network

Are you a parent of a teenager or young-adult who has engaged in suicidal or other high risk behavior?

Are you in need of support and training to manage your own resulting stress and trauma?

World renowned **McLean Hospital**, a Harvard Medical School Affiliate, is providing this groundbreaking ***free*** training in Seattle on Nov 30 – Dec 2.

The program is part of a research study for which you will be asked to:

- * Complete a series of online surveys
- * Attend the above training in Seattle



Currently recruiting participants in Seattle

If you would like to learn more about FC-TSP please contact us.

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McLean HOSPITAL
HARVARD MEDICAL SCHOOL AFFILIATE